



SACRED HEART PARISH

Sunday 2nd February 2025

Presentation of the Lord



Priest: Kieran C.P.

Deacon: Joe Baxter



Parish Office: 1B Glenview Street, Belfast, BT14 7DP

Email: sacredheart@downandconnor.org

Phone: 028 9075 1543

Hours open: 9am-2pm, Mon -Fri.

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://www.sacredheartparishbelfast.com>

Webcam [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

~Mass Times~		
Saturday Vigil:	6.00pm:	Elizabeth Rafferty, Anniversary Mass
Sunday Masses:	9:30am:	Hugh Ferrin, Months Mind Mass
	11:30am:	Eleanor Reilly, Anniversary Mass
Weekday Masses:	Monday 10:00am:	
	Tuesday 7:00pm: Novena	Ottavio & Ellen Rosato, Anniversary Mass
	Wednesday 10:00am:	Rosemarie McGhee, Month's Mind Mass
	Thursday 10.00am:	
No 10am Mass	Friday 11:00am:	Parish Confirmations for all Schools

Confessions & Adoration: Saturday: 5:00pm - 5.45pm.

Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.
Please contact the parish office to arrange a baptism.

~Upcoming Feast Days~

3rd February
St Blaise

5th February
St Agatha

7th February
St Mel

~Recently Deceased~

Anne Gouldie
Veronica Chambers
Rosie Clarke
Jean Boyle
Edith Liggett
Michael Curley
Colette Grogan
Sean Martin

Eternal rest grant unto them, O Lord

~Sanctuary Candles~

Ethan Canavan
The MacQuillan Family
William & Eveleen Canavan
Gerry & Brandon
Catrina O'Neill
The Shearan & Forsythe Families

*A Donation of £5 per candle
is greatly appreciated*

~Weekly Collection~

£1055.66

Thanks You For Your Generosity

~Anniversaries~

Ethan Canavan
Elizabeth Perry

Eternal rest grant unto them, O Lord

~Baptisms~

Welcome into our Community

Gideon Okotie
Éirinn McKenna

~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You. Never permit me to be separated from You.

**The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)**

DATES FOR YOUR DIARY	
<p>Confirmations for the P7 children attending St Columbans, Bunscoil Bheann Mhadagain, and Cliftonville Integrated Primary Schools will take place on Friday 7th February at 11am.</p> <p>There will be no 10am Mass on this day.</p>	
<p>The relics of the Venerable Matt Talbot will be received at St Peter's Cathedral at 5pm, on Monday 3rd February. Mass will be celebrated at 7.30pm and the visit will conclude with Night Prayer at 10pm. All are welcome to join us at the Cathedral for this time of prayer and intercession, particularly for those struggling with addictions, as well as their families and all those who are affected by addiction.</p>	
<p>Our Lady of Lourdes Novena. 3rd—11th February 2025. 7pm. Parish of Duneane, Our Lady of Lourdes Church, Moneyglass. 106 Roguery Road, Toomebridge, BT41 3PT</p>	
<p>Recharge is a young adult group based in Down and Connor for those aged 18 to 35. The group meet on the first and third Tuesday of each month to “recharge” their spiritual batteries through Adoration, intellectual formation and social gatherings. We will be meeting on Tuesday the 4th and 18th of February at 7.30pm in St Colmcille's Church, Ballyhackamore. All welcome!</p>	
<p>Shrines of Italy Pilgrimage. San Giovanni Rotondo, Loreto, Assisi and Cascia. 17th – 24th September 2025, 7 Nights flying from Dublin to Bari. Including visits to the Tombs of Blessed Carlo Acutis, St Francis, St Clare and St Pio. Visit the first Eucharistic Miracle of the Catholic Church in Lanciano, and the Holy House of Nazareth in Loreto, plus much more. Comprehensive Travel insurance is extra. Cost £1,229 per person sharing. Seats are limited. Single room supplement is £350.00 Extra. Spiritual Director: Fr Ciaran Dallat. £300.00 deposit secures a seat! or further details contact: Jean Reynolds 07729 402311 or email: jeanreynolds@hotmail.co.uk</p>	
<p>Adoration Chapel. Keys for the Adoration Chapel are available from the office. You will need to complete a form to receive your key.</p>	
<p>Al-Anon offering Family support for those affected by alcoholism. Whatever your relationship to the drinker, whatever your story, Al-Anon can help. We hold regular meetings where members share their own experience of living with alcoholism. Our Information Office, in Belfast is opened from 10am-1pm Monday to Friday; contact number 02890682368. All meetings are listed on the website www.al-anonuk.org.uk, or call our Confidential Helpline 02890682368 10am-1pm or 6pm-10pm daily.</p>	
<p>The Diocesan Pilgrimage to Lourdes is seeking Doctors, Nurses and Adult Volunteer helpers for the 40th Diocesan Pilgrimage in 2025. The pilgrimage is from 10-15 July and volunteers receive a subsidised fare. For more information or to register, please visit www.downandconnor.org/lourdes or email lourdes@downandconnor.org</p>	
<p>Legion of Mary. Every Monday 7.30pm, at The Church of the Immaculate Heart of Mary. 577 Antrim Road, Belfast, BT15 3BU. Every Thursday at The New Lodge Grotto for the Rosary.</p>	
<p>Chatty Café. Open Monday to Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.</p>	
<p>AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm.(Ladies)</p>	
<p>Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.</p>	
<p>Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.</p>	
<p>The Spred Group meet every second Monday in the Parish Hall at 7pm.</p>	
<p>Ladies Pensioners Group meets every Thursday in the Parish Hall at 1pm. All welcome</p>	
<p>The Stitch and Crocheting Group meet on Thursday evenings, 7pm upstairs in the Parish centre. Come along and learn a new skill.</p>	
<p>Lifeline-24hr 7 days a week 0808 808 8000 Samaritans anytime night or day 116 123 St Vincent De Paul 028 90351561 Cancer Lifeline 028 90 351999 AA 02890351222</p>	<p>Al-Anon Family Groups 028 9068 2368 PIPS 0800 088 6042 Youth Education Health Advise 02890 757 809 Diocesan Safeguarding Officer Philip O'Hara 07534 992 124</p>
<p>Sacred Heart of Jesus, I place all my trust in Thee</p>	

